



MANOR MEDICAL NURSE SAVES PILOT!

On a long haul flight to Mexico, Tricia our Assistant Practitioner was fast asleep when the flight attendant came over the tannoy asking if there was anyone medically trained. No one came forward so she gingerly put her hand up. She was taken to the pilot's cabin where the co-pilot was doubled in excruciating pain. Tricia took a full history and obs i.e. blood pressure, pulse etc, at this point she feared it was appendicitis and advised the crew that the plane needed to land as soon as possible as the co-pilot needed urgent treatment. Tricia stayed with the co-pilot and reassured him and the plane made an emergency landing in Canada. On her way home after her holiday the crew confirmed that her diagnosis had been correct and he had his appendix out and was allowed to go home from Canada 2 weeks later.

We are very proud of her!
...And think she deserves a free flight.



Tricia Smith – Assistant Practitioner

GP Online Services

The Practice is expanding the range of online services available for patients. Currently, patients can book and cancel appointments online, order repeat prescriptions and view allergies and adverse reactions.

From 1st March 2016 patients will also be able to look at part of their GP medical record online. This will include coded data such as illnesses, immunisations and test results.

You need to be registered for online access in order to use any of these facilities. Please ask at reception.

Easter Opening Hours 2016

The practice will close at 7pm on Thursday 24th March and will be closed on Friday 25th March. The telephones will be switched to the out of hours services from 8.00am on Tuesday 29th March.

If you need urgent medical assistance during these

Young people's services in Stockport

Often young people are unable to go to their parents or doctors for help and advice.

There are many services in Stockport to support you, central youth offers advice, information, counselling and sexual health services for young people aged 11 up to 25 are free and confidential.

They provide services like contraception - Screening for sexual transmitted Infections - Sexual Health - Free Condoms - Emergency Contraception - Pregnancy Testing - Advice on benefits and housing - Smoking cessation – Counselling. Stockport's young people are very lucky to have access to these services.

For any further information on central youth you can visit their website on: <http://www.centralyouth.org.uk/>



Call 0161 426 5599
Mon - Fri
10am - 12pm
1pm - 4pm

As well as central youth Stockport has mosaic, a drug and alcohol awareness service aimed at young people aged 25 and under, Mosaic provide drug and alcohol treatment as well as support for those young people whose parents misuse.

Treatments offered include counselling and substitute prescriptions as well as complementary therapies like therapeutic massage, reflexology and acupuncture.

For more information visit:

<http://www.stockportdrugsandalcohol.org/treatment-services/mosaic>



open at 7.30am on Tuesday 29th March.

on Thursday 24th March and will reopen at

s please dial NHS 111.



Drop-in walking aid clinic

(Walking sticks, crutches and ferrules)

Every Monday (except bank holidays)

between 11.00am and 12 noon.

No appointment needed

At: Kingsgate house (floor 1)

Wellington road north Stockport SK4 1LW

The Adult Community Therapy Team

Tel: 0161 426 5700



Short term equipment loans

Stuck at home following an illness or injury?

Our mobility aid service helps people or a visiting relative requiring a wheelchair

We provide short term loans of mobility aids to people in need, including wheelchairs, commodes, walking sticks and frames

Please contact us on 01925 229740

PPG Noticeboard

Following recent patient feedback we have installed a Noticeboard At Hillgate Surgery for use by patients wishing to inform others of local community based health related Services. Are you involved with or do you know of any local initiatives that may be of interest to other patients?

If so let us know. If you wish to add a notice to the board please hand it in to reception and we will take care of it for you.

We will also use this board to display practice news and updates.



National No smoking Day 9th March 2016

Please ask us if you would like to see one of our nurses for advice on how to stop smoking