



The Practice would like to send our best wishes for a happy and healthy 2019 to all our Patients

The Practice will be holding 2 more drop-in flu clinics in December:

FOR ALL ELIGIBLE PATIENTS:

Wednesday 5th December -
2pm to 5pm at **Hillgate
Surgery**

FOR ELIGIBLE CHILDREN:

Tuesday 11th December –
1:30pm to 5pm at **Offerton
Health Centre.**

If your child is eligible, **you will have received a letter.**

Please bring this letter with you to the clinic.

The Practice has been awarded a Quality Teaching Practice Bronze Award for Excellence in Teaching Year 4 Medical Students by The University of Manchester.

Our certificate is proudly displayed at both sites.



Age UK December Events:

Monday 10th December – Signpost for Carers Winter Wellbeing Day 10:30am to 2:30pm at the Alma Lodge, 149 Buxton Road, Stockport, SK2 6EL.

Treats, tea and taster sessions for carers! Indulge in some me-time, connect with other carers, enjoy some seasonal festivities, take part in free workshops, and find out about some of the things going on in Stockport for carers. For more information please contact Signpost on 0161 442 0442 or email carersconnect@signpostforcarers.org.uk

Friday 14th December – The Age UK Christmas Carol Concert 1pm to 2pm at St Mary's Church (in the market place), Stockport, SK1 1YG.

FEELING LOW?

The festive period can be a difficult time. If you are affected, Samaritans offer a free, confidential listening service for people 24 hours a day, 365 days a year. Talk at any time you like, in your own way, and off the record – about whatever's getting to you.

Call 116 123 for FREE OR visit www.samaritans.org

For information and advice on how to stay well this winter, visit

<https://www.nhs.uk/staywell/>

September Issue Survey results

92% of responders know that you are able to manage your GP appointments online but only 72% are aware that you can also order repeat prescriptions online. To gain online access, please ask at reception for an **Online Registration Letter** – you can only request a letter in person and with proof of identity.

77% of responders think that we offer appointment times to suit them. The Practice offers extended hours appointments and is open from 7:30am every day (7am Wednesday) for routine GP, Advanced Practitioner, Nurse and HCA appointments. We offer routine appointments after 6:30pm on Tuesday and Wednesday evenings, and routine Nurse appointments until 8pm on Wednesdays. We also hold a Nurse-led clinic for routine appointments one Saturday morning a month at Hillgate Surgery.

Our website is kept up to date with the latest news and services we provide. We also have a Patient Participation Group noticeboard at Hillgate - if you would like to inform others of a community based activity/event/group, please give the details to reception and we can display them in the surgery.



Christmas Opening Hours

Hillgate Surgery will close at 2pm on Monday 24th December and will reopen at 7:30am on Thursday 27th December.

Offerton Health Centre will close at 6:00pm on Monday 24th December and will reopen at 7:30am on Thursday 27th December.

New Year Opening Hours

Hillgate Surgery will close at 6:00pm on Monday 31st December and will reopen at 7:30am on Wednesday 2nd January.

Offerton Health Centre will close at 2pm on Monday 31st December and will reopen at 7:30am on Wednesday 2nd January.

If you need medical assistance whilst we are closed please call the practice number and you will be diverted to NHS 111. Alternatively, you can dial 111 or go online to 111.nhs.uk where you have access to urgent medical advice.

PLEASE ONLY GO TO A&E IF YOU HAVE AN ACCIDENT OR SERIOUS / LIFE-THREATENING CONDITION

In a genuine, life-threatening emergency you should call 999. Chest pains and / or shortness of breath constitute an emergency. Call 999 when someone is seriously ill or injured and their life is at risk.

Local Pharmacy Christmas and New Year Opening Times

Lloyds Pharmacy

**Inside Sainsbury's, London Road, Hazel Grove,
Stockport, SK7 4AW**

Christmas Eve (24th): 8am – 6pm
Christmas Day (25th): CLOSED
Boxing Day (26th): 9am – 5pm
New Year's Eve (31st): 8am – 7pm
New Year's Day (1st): 9am – 5pm

Lloyds Pharmacy

**Wellington Road South, 236 Wellington Road
South, Stockport, SK2 6NW**

Christmas Eve (24th): 8:30am – 10pm
Christmas Day (25th): 11am – 1pm
Boxing Day (26th): CLOSED
New Year's Eve (30th): 8:30am – 10pm
New Year's Day (1st): CLOSED

Cheadle Pharmacy

7 Ashfield Crescent, Cheadle, Stockport, SK8 1BH

Christmas Eve (24th): 7am – 10pm
Christmas Day (25th): 8:30am – 7pm
Boxing Day (26th): 8:30am – 7pm
New Year's Eve (31st): 7am – 10pm
New Year's Day (1st): 8:30am – 7pm

**PLEASE REMEMBER TO ORDER AND COLLECT YOUR PRESCRIPTIONS
BEFORE THE PRACTICE CLOSSES FOR THE FESTIVE PERIOD**