

Services

Help Desk: Monday to Friday 9am-4pm

Resource Centre: Monday to Friday 10am-2:30pm **by appointment**

Newsletter: Issued in January, May + September

Braille classes and computer club: by arrangement

Counselling service for people with sight loss: call for more details

One to one support service

Tandem riding: contact for further details

Braille and audio transcription service: prices on application

ACTIVITY TIMETABLE

MONDAY	
Art + Craft club	10am-1:30pm £3 incl. drinks and toast on arrival
Chair based exercise	1:15pm-1:45pm Followed by refreshments, £2.50
Hand bell ringing	2:30pm-3:30pm, £1
TUESDAY	
Social group with entertainment	10am-1:30pm £3 incl. drinks and toast on arrival
Luncheon club	Drinks and biscuits on arrival followed by a 2 course cooked lunch, £4.50
Steel band class	1pm-2:30pm, donation requested
Hearing aid drop-in clinic	10am-12noon, first Tuesday of the month
WEDNESDAY	
Ten Pin Bowling	Contact us for more information
Hard of hearing social group	1pm-3pm, fortnightly £2 incl. refreshments
Stockport Macular Society support group	Monthly meeting
THURSDAY	
Social activities for people with visual impairment	10am-1pm £2.50 incl. drinks and toast on arrival
Day Centre for deaf people	10am-2pm Drinks can be purchased
FRIDAY	
Youth Club	6pm-7:30pm – term time only For young people aged 5-14 who have a sight or hearing loss. Weekly subs £1
Deaf sports and social club	7:30pm-11pm

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