

Knee Pain – Over 50?

Osteoarthritis workshop

This 90 minute session will help you to understand **KNEE** osteoarthritis, learn ways to manage it on a day to day basis, and also give you the information you need to make the right choices about your treatment , now and in the future.

With expert advice and support from:

- Doctors
- Nurses
- Physiotherapists
- Pharmacists
- Podiatrists
- Volunteer organisations
- Health and Wellbeing experts and patients



Wednesday 5th September 2018

Sessions at 2.00pm & 5.30pm

The Heatons Sports Club, Green Lane, Stockport, SK4 2NF

To reserve your place, please call:

07534053110 or 0161 204 4686

Email snt-tr.kneeworkshop.stockport@nhs.net

